

**IPL**instituto politécnico
de leiria

Mr. Dinesh Kumar, PhD

Dineshkumar120@gmail.com

SUA REFERÊNCIA

SUA COMUNICAÇÃO DE

DATA / NOSSA REFERÊNCIA

SECTOR

28/03/2019

DSRH

SAI - IPL / 2019 / 3461

ASSUNTO **EMPLOYMENT CONTRACT**

To whom it may concern, we declare that Mr. Dinesh Kumar applied to an international selection procedure for the recruitment of one researcher, with a certain term employment contract, for a period of three years, for the pursuit of research and development activities in the project OnTrack, and was placed on first, so he is expected in this Polytechnic to start his work as a researcher in the project mentioned.

For this purpose, we send you all the information available about the research project, as well as the contract that we offer to Mr. Dinesh Kumar:

- a) Name of the scientific research project: On Time to Rethink ACtivity Knowledge: a personalized mHealth coaching platform to tackle physical inactivity in COPD (OnTRACK) ;
- b) Name of the principal investigator of the research project: Joana Patrícia dos Santos Cruz;
- c) Name of the supervisors: José Carlos Bregieiro Ribeiro; Fernando José Mateus da Silva; Joana Patrícia dos Santos Cruz;
- d) Contract signature and project start date: May 1, 2019;
- e) End of contract and of the project: April 30, 2022;
- f) Brief description of the project: Physical inactivity is the 4th leading risk factor for death worldwide. In patients with chronic obstructive pulmonary disease (COPD), it is particularly serious as inactivity increases patients' risk for hospitalizations, mortality and reduced quality of life. Improving patients' PA is thus a global priority for governments, policy makers and clinicians.

Mobile health (mHealth) applications are ubiquitous and may help patients to be more physically active. However, previous studies yielded mixed results due to the lack of consideration of contextual factors. As a complex behavior, PA is influenced by an interplay of individual, social and environmental factors and PA preferences that may act as barriers/facilitators. OnTRACK will develop, evaluate and disseminate a personalized mHealth coaching platform which considers individual's preferences and contextual factors.

Best regards,

The President

Rui Filipe Pinto Pedrosa


ag/dsrh

Date: 13/04/2019

Subject: Office order to depute Dr. Dinesh Kumar as Research Associate at Polytechnic Institute of Leiria for three years

Ref: Letter of Employment Contract received from Polytechnic Institute of Leiria Ref. SAI-IPL/2019/3461 dated 28/03/2019

Dr. Dinesh Kumar is working as Professor in Faculty of Engineering and Technology of Marwadi University. He has been recruited as Research Associate in **“On Time to Rethink ACTivity Knowledge: apersonalized mHealth coaching platform to tackle physical inactivity in COPD(OnTRACK)”**project to be carried out at Polytechnic Institute of Leiria, Portugal. He will remain in contract period of the project from **May 01, 2019, to April 30, 2022** and will continue to work as faculty of the university. In connection with this he is entitled for on duty leave during the mentioned period mentioned in the subject.


Registrar
Marwadi University
Rajkot

Copy to:

1. Dean and Principal of University
2. HR Department
3. Concern File



8

VEI / VISA

VISTO 004966589

VALIDO PARA / VALABLE POUR / VALID FOR **PORTUGAL**

DE / DA / FROM **05-06-19** A / AT / UNTIL **02-10-19**

TIPO DE VISTO / TYPE OF VISA / TYPE OF VISA **D** NUMERO DE ENTRADAS / NUMBER OF ENTRIES / NUMBER OF ENTRIES **02** DURACAO DA ESTADA / DUREE DE SEJOUR / DURATION OF STAY **120** DIAS / JOURS / DAYS

EMITIDO EM / DESUVE A / ISSUED IN **NOVA DELI**

EM / ON **04-06-19** NUMERO DE PASSAPORTE / NUMBER OF PASSAPORTE / NUMBER OF PASSAPORT **K2876980**

APELIDO, NOME / NOM, PRÉNOM / SURNAME, NAME **DINESH KUMAR, DINESH KUMAR**

OBSERVAÇÕES / REMARKS **Agendamento / Appointment**
<http://agd.sef.pt/?8010511551>
RESIDENCIA - INVESTIGADOR - ART. 62 LEI 23/07



VEI / VISA

VDPRTDINESH<KUMAR<<DINESH<KUMAR<<<<<
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PORTUGAL

VALIDO PARA VALABLE POUR VALID FOR	PORTUGAL		
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TIPO DE VISTO TYPE OF VISA	D	NUMERO DE ENTRADAS NUMBER OF ENTRIES	02
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EM LE ON	04-06-19	NUMERO DE PASSAPORTE NUMBER OF PASSPORT	K2876980
APELIDO, NOME NOM. PRÉNOM SURNAME NAME	DINESH KUMAR, DINESH KUMAR		
OBSERVAÇÕES REMARKS	Agendamento / Appointment		
	http://agd.sef.pt/?8010511551		
	RESIDENCIA - INVESTIGADOR - ART.		
	62 LEI 23/07		

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DIAS
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DAYS



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IMMIGRATION INDIA D2-341
 25 AUG 2019
 DEPARTED NEW DELHI

IMMIGRATION INDIA D2-690
 27 JUN 2019
 DEPARTED NEW DELHI

IMMIGRATION INDIA D2-619
 03 SEP 2019
 DEPARTED NEW DELHI

30 07-19 13
 MALPENSA
 N 036

mv VISTO 004966589

VALIDO PARA VALABLE POUR VALID FOR PORTUGAL

DE DU FROM 05-06-19 A AU UNTIL 02-10-19

TIPO DE VISTO TYPE DE VISA D NUMERO DE ENTRADAS NOMBRE D'ENTREES NUMBER OF ENTRIES 02 DURACAO DA ESTADA DUREE DE SEJOUR DURATION OF STAY 120 DIAS JOURS DAYS

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EM LE ON 04-06-19 NUMERO DE PASSAPORTE NOMBRE DE PASSEPORT NUMBER OF PASSPORT K2876980

APELIDO, NOME NOM, PRENOM SURNAME, NAME DINESH KUMAR, DINESH KUMAR

OBSERVAÇÕES REMARQUES REMARKS Agendamento / Appointment
<http://agd.sef.pt/38010511551>
 RESIDENCIA - INVESTIGADOR - ART.
 62 LEI 23/07

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Data : dezembro /2019

Nr. Empr. : 003749

Loc. Trab. : Leiria - Campus 2

C.Custo : Projectos Co-Financiados

Grupo : Pessoal Investigador

Carreira : Investigação Científica

Categoria : Investigador Doutorado

SC
Departamento : SC - Serviços Centrais

DINESH KUMAR

Pousadinha José Saramago - Politécnico de Leiria

Leiria

2410-191 - LEIRIA

Venc. Base : 2.128,34 **Nível Rem:** 033

Posição Rem: 1

Salário Dia : 70,94 **Salário Hora :** 14,03

Regime : Exclusividade Docentes

N. Contribuinte : 247831140

N. de Beneficiário TSU : 12030244508

ABONOS			
Cód.	Designação	Quant	Valor
100	Vencimento Base		2.128,34
110	Subsídio Alimentação (Dias)	21	100,17

DESCONTOS			
Cód.	Designação		Valor
ADSE	A.D.S.E.	3,50	74,49
IRSM	I.R.S. - Mensal	14,70	312,00
TSU	Seg. Social (taxa 34,75%)	11,00	234,12

Valor Líquido
Total Descontos
Total Líquido
Acum.Suj.IRS : 13.834,21

IRS Retido: 1.932,00

Acumulado Líquido : 10.511,57

Situação fiscal: Casado e nao separado judicialmente , Unico titular, 1 Dependente

NIB: 003506230000049590082

Mensagens:
Faltas:
Dt. Início Dt. Fim
Qtd.
Observações

Contrato Trabalho em Funções Públicas, nos termos da Lei nº 12-A/2008, 27/02, e do artº 9º da Lei nº 59/2008, 11/9, abrangida pelo DL 503/99, 20/11 que estabelece o Regime Jurídico de Acidentes de Trabalho e das Doenças Profissionais na Administração Pública.